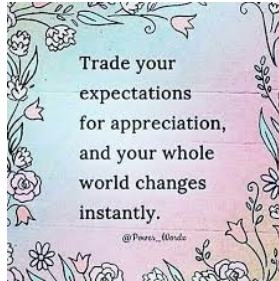




Be present to others - There is much celebration and mourning, joy and sorrow in people's lives. What a blessing it is to be able to share those times and not let others experience them alone. The gift of your presence to others is much more valuable than you realize.

Resist overwork - There is a pressure to produce, meet goals, and be successful. But activities that lead us to overwork, constant fatigue and worry do not give glory to God. What God calls us to do we can do well. Be mindful that life requires balance, down time, and letting go of unrealistic goals.



Nurture friendships - Our friends are those we choose to be with, those with whom we spend our evenings, with whom we vacation, to whom we go to for advice. Friends are gifts from God who give us a greater appreciation of God's love for us. Friends need our time and love.

Make a difference in Holy Family of the Bluffs community
Believe it or not, your parish community can use your talents. Offering your talents to HFB is one of the most effective ways to feel useful and connected to others, and it is a potentially life-changing New Year's resolution.



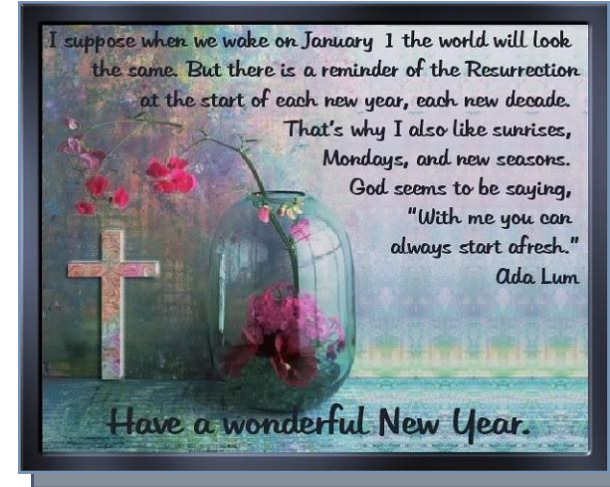
Consider living more simply - We cannot find fulfillment in possessions. They add nothing to our self-worth. Jesus blessed the "poor in spirit" in his Sermon on the Mount; and Saint Francis of Assisi urged us to live with only what was necessary, for that is how we begin to find God.

Stewardship Resolutions 12th in Series

The practice of making New Year's resolutions goes back over 3000 years. The start of a New year gives us the feeling of a fresh start, a new beginning, and new opportunities. It is a time when people feel they can begin anew with their lives.

Many good stewards take advantage of this time of year to become closer to the Lord.

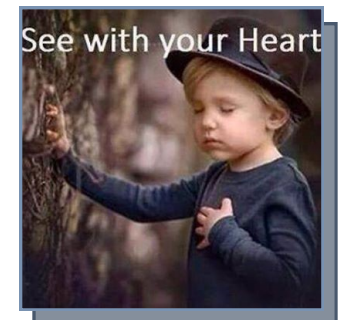
If you are looking for some helps in your New Year's resolutions, here are a few ideas to get you started.



PRACTICE GRATITUDE - Cultivating a grateful heart is the hallmark of a Christian steward. Every day, express thankfulness to the Lord and to others.

Seeing the good in your life will allow you to keep your heart compassionate and loving.

Encounter the Lord each day - Find time to be with the Lord each day, whether it be for an hour or ten minutes. Have a conversation with the Lord. Give your joys and worries to Him as well. Allow God's love to transform them. Our encounters will keep our eyes open to the presence of Christ in our midst.



See with your Heart